



# LABOR'S MTC VIEWS

114 Poquonnock Rd, Groton, CT 06340

September 2021

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MTCNLC.ORG



## Phone List

<b>Peter E. Baker</b> MTC President	445-6383
<b>John Adamson</b> MTC Vice President	445-1277
<b>Richard McCombs</b> Rec. Sec'y MTC	445-1277
<b>Cat Race</b> <b>Sec'y Treasurer</b>	445-1277
<b>George Nowosielski</b> Local 777	445-8170
<b>Dennis Urquhart</b> Local 1122	445-1927
<b>Richard (Chick) McCombs</b> Local 261	445-2224
<b>Jim Spencer</b> Local 1871	445-8619
<b>Patrick Joyce</b> Local 614	445-4973
<b>Danny Sanchez</b> Local 547	448-2577
<b>Robert Hill</b> Local 493	575-1384
<b>Paul Bruno</b> Local 106	445-1216
<b>Cat Race</b> Occup. Health & Safety Comm	445-1277
<b>Frank Ward</b> <b>MTC Benefits Rep</b>	501-3263

Recently I sat in on a conversation where people from several organizations within the Company were talking about all the things that the Company gives the employees. I took it for as long as I could and then exploded. I apologize to those who undeservingly caught some splatter.

The Company gives us nothing. Everything we receive was bargained for. Some of it a lifetime ago and many will never know the cost. The wages and benefits we enjoy were paid for with someone else's blood, sweat, tears, and lives. We have been given nothing. What we have has been earned.

At least part of the problem is the people who know are slowly leaving and those who remain never knew. We need to do a much better job educating and involving the membership. It starts with YOU!

Just when we thought it was safe it's back. Nobody wants to do it, Nobody wants to wear it, but it's back. The mask mandate is here for the foreseeable future. As long as people won't get vaccinated and this strain of COVID is around, mask up. This strain is more contagious and more deadly unless you are vaccinated. The mask are required at EB for your protection, the protection of your family, and coworkers. This is not popular. It is not fashionable but it's required.

Please continue to work safely and mask up, again.

As Always, I Remain  
Fraternally Yours  
Peter E. Baker



## Congratulations and a Happy Retirement

Patrick Fitzgarrald of Department 333 retired last month. Pat was the most senior member of Administrative Clerks. Pat started in January 1966 and leaves after more than 55 years at EB.

## New Bachelor & Degree Opportunities Through OPEIU Free College Program

OPEIU is happy to announce new bachelor & degree programs are now available through the OPEIU Free College Program and our partnership with Franklin University. OPEIU members and their families can now complete their Bachelor of Science degree 100 percent online with no out-of-pocket costs in the areas of:

Management and Leadership

Criminal Justice

Social Science

More information can be found by visiting [freecollege.opeiu.org](http://freecollege.opeiu.org) - Team OPEIU

## POLITICAL ACTION

OPEIU and the labor movement have a responsibility to protect and advance the rights of members in the political arena as well as at the bargaining table. The importance of this political responsibility has never been greater. Only through effective political action will we achieve programs that rebuild our industrial base; that help every young American who needs such help as far up the education ladder as his or her talents and capacity permit; that guarantee equal rights for women and minorities in all aspects of our political and economic life; that rejuvenates America's infrastructure; that allow every elderly American to retire in dignity and security; that protect the rights of every working American to organize and bargain collectively; and all other policies that affect union members and their families.

Those who oppose this agenda can generate many millions of dollars for their political candidates. We need to offset the huge amounts still being generated by wealthy individuals and corporations. Effective political action, including financial contributions to labor-friendly candidates, is the only way working people can have a positive impact on the legislative process. You can get involved in the political process by supporting the OPEIU Voice of the Electorate Fund through payroll deduction. See your officers and steward and sign up now.

If you wish to get involved in mobilizing members to elect pro-worker representatives contact this office. For more information visit [www.ctaflcio.org](http://www.ctaflcio.org).

## UNION REMINDERS:

**NEW HIRES YOU** must stay on top of your insurance coverage. There are many choices for you to review and time limits for you to apply for these benefits. You are now eligible to join the insurance between days 0-30 of your date of hire. This is the only 30 days to execute access to the health plan. If you do nothing you will automatically get medical but will not receive dental, extra eye care, and additional life insurance. If you are married or married with children, they will not be covered. It is important to enroll as soon as possible. Do not be late. I suggest that you call to make arrangements for health insurance since all calls are recorded. In the past, there were problems with online enrollments. There are many options to choose or reject. Contact General Dynamics Service Center (1-888 432-3633) Monday - Friday 9am to 9pm. OR [www.gdbenefit.com](http://www.gdbenefit.com) (24hrs/7days).

Any questions call EB Benefits: 860-433-4201 or Frank Ward, Union Insurance Representative: 860-501-3263.

## "Weingarten" Rights

If YOU are sent to SECURITY for any reason or are being questioned by MANAGEMENT, YOU should request a STEWARD. YOU do not have to answer any questions until you have UNION REPRESENTATION.

Youtube Weingarten Rights: Training for Shop Stewards. View the brief ten minute video from OPEIU Local 8.

## FMLA, ILLNESS OR ACCIDENT ISSUES

Problems with Sedgewick FMLA, Insurance or Workers Compensation?? Contact me at the Union Hall or one of our Stewards in the shipyard. Don't wait for your benefits!

## LABOR'S VIEWS ON LINE

LABOR'S VIEWS may be seen on [opeiulocal106.org](http://opeiulocal106.org) and the Metal Trades Council web site [mtcnlc.org](http://mtcnlc.org). LABOR'S VIEWS is also accessible on EB computers link to the MTC website to Homeport. If you would like a copy please email our Recording Secretary, Maggie Marley, at [prof.emp@snet.net](mailto:prof.emp@snet.net) and ask to be added to the email list. Please state "Subject LV" and use your home email address.

## MEETINGS FOR SEPTEMBER & OCTOBER

September 13 th and October 4 th (Change due to Holiday) at 5:30pm at our Union hall.

**STEWARDS FOR EB:** Justin Briggs D438 860-460-3197 Arlene Allard D221 X37797 2 nd Shift Mark Cross D321 X35569 3 rd Shift

## UNION COMMUNICATIONS:

Local 106 Web Site [opeiulocal106.org](http://opeiulocal106.org) Local 106 Phone 860-445-1216 FAX 860-446-0175 e-mail [prof.emp@snet.net](mailto:prof.emp@snet.net)

Do not send e-mails to any EB addresses. We may not get them. If you have sent an e-mail and did not get a response in a day or two please call the Union Hall. International Union Web Site [opeiu.org](http://opeiu.org) International Magazine White Collar Union Benefits

UnionPlus.org Metal Trades Council [mtcnlc.org](http://mtcnlc.org)

If you change your home address, phone number, or e-mail do not forget to notify the Union.

**PLEASE, TRY TO ATTEND UNION MEETINGS.**

Paul A. Bruno Jr.  
President/Chief Steward



## Local 614

Dear Brothers and Sisters:

Our condolences go to the family of Brother Jadon Nicholson who lost his life on the way to work on 08/13/21.

So young, so very sad. A reminder to enjoy life and your family, friends and coworkers. RIP.

The Covid mask mandates are coming back. We are now required to wear masks while at work regardless of your vaccination status. We are told to follow the science. I am getting a little dizzy following the science. They say get the vaccine and you don't have to wear a mask anymore. Then they say to wear a mask to protect those who don't have the vaccine. Some are vaccinated and still getting the virus. The media sucks at reporting on these outbreaks. The media says (for an example) the Sturgis bike rally will be a Super spreader but down play 210,000 people crossing our southern border in the month of July! Follow the science. All I can tell you my Brothers and Sisters is to follow the rules that are set at work. Be safe, be smart and to steal a quote that our Safety rep at the base says, "the use of common sense is authorized". This can be applied to everyday life. Also, beware of what you post while online. Big brother is watching. Once again, use common sense. (and follow the science).

The company is starting a new incentive to hire more employees that will benefit us directly. It is the employee referral program. If you refer an employee and they get hired, your name will be placed in a lottery and you can win prizes. There will be more information on this program soon. The company may be hiring up to 200 Boilermakers in the next few years. If you know someone that would be a good fit, refer them and you may benefit from it. If you are interested in getting in to the next Apprentice classes please let your supervisor and your Union Steward know.

The last article I wrote I stated that the Company was not paying up front for the retirees going away parties. I received some push back from HR on that. The format has changed after it was shutdown due to Covid. I am still hearing that some members are paying up front, then getting reimbursed, and on the other hand, the retiree supervisor is paying for the food with a company issued credit card. Hopefully, this can be worked out very soon and I will gladly "eat crow" and retract my prior statement. I will keep you all posted.

At the last Union meeting we were discussing plans to have a party for our members and their families. We received a few requests and we will be trying to get a good family day event for all of you. Come to the monthly meetings and we can openly discuss our options.

See you at the next meeting on Tuesday, September 14th at the Union hall 33 Sacred Heart drive Groton, at 2:45pm. See you there.

Sincerely;

Patrick Joyce  
President



## Local 1871

Next meeting date reminder: September 16th. The THIRD Thursday due to the previous week being a floater week.

Oct 29th & Nov 1st we will be out by the gates collecting money again! This is our 31st annual

Turkey Drive and so far, we have maintained very successful drives so please keep that energy up and make this another successful year! Thanks!

We find ourselves once again seeing rising numbers with Covid cases so for the time being, please be respectful of others and wear your masks inside when needed. Thank you in advance for your cooperation.

Open Enrollment is coming up! Sept 17th -Dec 3rd is open enrollment. Make sure you logon and re-elect the enhanced plan if that is what you currently have. Otherwise, you will automatically be switched to the standard plan and lose the benefits of your HSA. **INSURANCE UPDATE:** If you are out for more than 30 days and need to pay insurance, the General Dynamics Service Center will mail you a form and instructions. If you do not receive this letter in a timely manner, please call (888)432-3633.

Before you retire, please contact the union, and let us know. Retirees can receive a union jacket or watch. 40 years or more will receive both. 15-40 years will receive a jacket or a watch. Make sure to inform the union if you will be out of work for an extended amount of time so that we can make sure your dues are adjusted. If you have a change of address or phone number, PLEASE inform a union representative. The company is not allowed to share this kind of information with us.

If you are a Military Veteran, please see Christopher Wasilewski on 1st shift for any support.

**New Members:** Between days 0-30 days after your date of hire you must log onto the General Dynamics Service Center website at [www.gdbenefits.com](http://www.gdbenefits.com) to enroll yourself, and your dependents, in the benefits package.

As always, do not forget to use the safety boot and eyeglass program that was negotiated by the MTC. A list of the different shoe manufacturers and times that they will be outside the front gate is available. The eyeglass store is open on both the inside of the main gate and the outside entrance for your convenience, check bulletin boards for the times they are open.

**IMPORTANT:** If you are put on notice, going to be disciplined, or sent to Security to give a statement of any kind, you have the right to have a steward present. Your first words should be, "I want to talk to a Steward". Union Hall Phone Number: 860-445-8619

### Stewards

Chief Steward: James Spencer 860-705-2266

1st Shift OSM: Bill Harris 860-510-8315 Mark Sousa 401-743-3033

Mike Fantacci 860-884-7339

1st Shift Machine Shop: Michael Shell 860-790-9136

Bill Dall 860-303-0257

1st Shift All Other Areas: Janet Orr 860-608-8528

2nd Shift ISM: George Raposa JR 860-908-0002

2nd Shift OSM: George Blanchette 860-908-4149

Bill Ericson 860-705-6739

2nd Shift All Other Areas: James Marcy 860-617-8035

3rd Shift All Areas:

United Way Contact: Janet Orr 860-608-8528

**MEETING NOTICE:** Meeting dates for the year will be posted on one notice in all areas. Next regular meetings will be September 16th , and October 21st , at 3:00 p.m. at 18 Pleasant St Groton, CT 06340. Fraternaly yours,

Jimmy Spencer



# Local 1122

With a heavy heart I send my condolences to the family of Emile "Tom" Johnson. Tom was a longtime painter at Electric Boat and a former President of Painters Local 1503. I would like to congratulate Ernest "Tojo" Holley & Earl Pudeler on their 40 years of service to the painters. Congratulations to our newest Distinguished Shipbuilders!

Thank you to everyone for coming out and supporting for the painter's barbeque. I hope everybody had a great time. I appreciate all the help and look forward to more get-togethers in the future as long as Covid allows it. Speaking of Covid, face coverings are back to being required on the boats. Also inside buildings and outside where you cannot social distance. Please wear your face coverings and be respectful of other people. I would like to thank our members that participated in the OSHA 30 class in Westerly, Rhode Island. Please share what you learned with our other members so we can continue to work smart and work safe. If you see something wrong, please say something. Always help each other so we can all go home safe. I would like to welcome our new hires to the paint department. Any questions you have ask your stewards, working leaders, OJT instructors, and senior members. We are here to help each other. Work smart and work safe. During these hot summer months please remember to hydrate yourself and take frequent cool down breaks. Water should be readily available and accessible. If not contact your steward.

**Debit Card Replacement** : If you happen to lose your Fidelity Health Savings Account (HSA) Debit Card, log onto [FidelityDebitCard.com](https://www.fidelity.com/debitcard) to request a new one.

**Subbase NSSF and ARDM Shippingport request form** : The Department will no longer survey, you will have to fill out a form. See your steward for this form.

**Shift change request form**: Once you have been offered to transfer and you refuse, you will be responsible to fill out new shift change request form.

**Benefits** : Ernest (TJ) Holley is our benefits rep. Any questions concerning benefits he will get the answer for you.

**Overtime** : Ron Ingves is the overtime coordinator. Any questions concerning overtime he will get the answer for you.

**Road Job List** : Will be updated by myself, information will be sent to me as to who is going, who said no and who said yes, what job and place, start dates and end dates. All stewards will have a copy of the road job list.

**Stewards** : 1ST shift : Allen Claar All Nuclear issues 813-300-9957, Ernest (TJ) Holley 860-538-1926, Ron Ingves 860-334-8141, Alt : Victor Delima 401-481-3947 2ND shift : Chris Wilson 860-961-2930/860-501-2304, Alts: Elaine Key 860-460-7621 & Edwin Garay 860-910-2072.

**SAFETY** : Just a reminder that safety is everyone's concern. If you see an unsafe act you should report it to your Union Steward or M.T.C. Safety Steward. They will take the necessary actions to correct the situation. Contact MTC safety at 860-445-6383.

If you are sent to Security for any reason or are being questioned by any Management, **YOU SHOULD REQUEST A STEWARD !!!**  
**REMEMBER, YOU HAVE THE RIGHT TO UNION REPRESENTATION, AND YOU DON'T HAVE TO ANSWER ANY QUESTIONS WITHOUT THIS REPRESENTATION.**

**IMPORTANT**: Members who are out of work on any leave of absence such as Workers Compensation, Sedgwick short term disability insurance, FMLA, etc., it is your responsibility to pay your portion for medical, dental, and vision you can be dropped from your benefits if you don't keep up your payments. Please don't forget to notify the Union Hall (860-442-8281) if you change your address, phone number, or name. We need to have the correct information! When you notify the company of these changes they do not give the Union this new information. We appreciate your cooperation in this matter.

**REMINDER**: If you are out of work on compensation or accident & sickness insurance or any unpaid leave it is your responsibility to pay your dues. If your dues fall behind more than three months, your membership could be suspended. If you are out of work and have any questions regarding your dues, please call the Union Hall at 860-442-8281.

**IMPORTANT**: It is advised that you notify me one week in advance or as soon as you know when you will be returning to work from any Medical, Compensation or unpaid leave. The company doesn't know if you kept your dues paid up while you were out. It is important that I know your return date so I can submit a letter to the company to have your dues zeroed out under non collected. Once the company takes out your dues it will take me at least a month to return your money.

The monthly Union meeting of Painters' Local #1122 will be held every 4th Monday of each month at the Union Hall 597 Broad St., New London, Ct. at 7 PM. 2ND shift employees please give your foreman 24 hrs notice if you plan to attend the meeting. If you have any problems/issues to discuss, the union meeting is the place to do this. If I can be of any assistance to you, please don't hesitate to contact me. My numbers are 401-573-6956 & 860-941-1579 & my email is [painters.union@yahoo.com](mailto:painters.union@yahoo.com). Thank you for your ongoing support.

Fraternally yours,

Dennis Urquhart Chief Steward

# Buford's

## Family Restaurant



126 Poquonnock Road

Groton, CT 06340

860-446-1765

~Hours~

**Mon: Closed, Tues-Fri: 6 to 1,**

**Sat-Sun: 6 to Noon**

# LiUNA! Local 547

*Feel the Power*

I just want to thank all members of Local 547 for all the hard work & dedication to each and everyone's respective job occupation. With the rise of covid cases in the shipyard, you provide a vital service for the safety & well being of the entire work force, that is, a lot of times overlooked by some. Again, thank you for everything you do and continue to work safe.

I would also like to remind everyone that if for any reason you have any questions/concerns to please feel free to get in contact with myself or any of our stewards. The lines of communication are always open and myself or any of the stewards are more than willing to help whenever possible.

Fraternally yours,  
Danny Sanchez

## Local 493



REQUEST A STEWARD If you are being sent to Security for any reason or are being questioned by management you have the right to have a Steward present. You do not have to answer any questions until you have union representation.

### STEWARDS

1st Shift - Keith Coppin 860-433-4657 Scott Harris 860-574-0208

1st Shift Alt - Scott Partosan 860-433-5816

2nd Shift -John Ogden 860-433-4657 2nd Shift Alt 203-512-5959

**SAFETY:** Safety should be everyone's first priority when working in the shipyard. If you see something unsafe or are being asked to do something that you feel is unsafe please contact a steward for guidance. You can also contact MTC Safety at 860-445-6383

Enjoy the end of Summer with your family and friends. I've enjoyed working with you guys so far this year, stay safe and hydrated. Keep up the good work.

Best Wishes,

Robert Hill - Chief Steward

### Groton Dental Group

Dennis Flanagan, DDS MSc

American Board of Oral

Implantology/Implant Dentistry

American Board of General Dentistry

Bruce Dougherty, D.D.S.

Danielle Green, D.M.D.

- General Dentistry
- Implants Placed and Restored
- Dentures - Same Day Service
- Relines and Repairs

1100 Poquonnock Rd., Groton

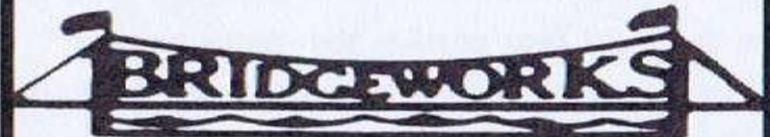
**445-9765**

### Windham Dental Group

1671 West Main St., Willimantic

**456-3153**

WE PARTICIPATE IN  
MTC DENTAL PLAN  
Retiree's Are Accepted



FAMILY DENTAL CENTER

**Vincent Antonelli, D.D.S.**

**Ted Malahias, D.D.S.**

**Sean Kim, D.D.S., FAGD**

115 Bridge Street

Groton, CT 06340

**446-8744**

CONVENIENT TO E.B.

"We Cater to Cowards"

FAMILY DENTISTRY

Bonding - Crown and Bridge

FULL PARTICIPANT IN  
MTC DENTAL PLAN

# SPECIAL OFFERS FOR GENERAL DYNAMICS ELECTRIC BOAT EMPLOYEES!

## \$475

**MORTGAGE APPLICATION  
FEE REBATE\***

## \$50

**GAS CARD FOR A NEW  
CHARTER OAK AUTO LOAN\***

### **GO CHECKING**

- 3.00% APY<sup>†</sup> on Balances up to \$10,000
- ATM Rebates
- No Monthly Maintenance Fee

### **GOLD REWARDS: OUR UNIQUE MEMBER REWARDS PROGRAM\***

- Annual Cash Bonus for Qualified Members
- No ATM Fees
- Special Gold Rates

**FREE CONSULTATION with CHARTER OAK RETIREMENT AND INVESTMENT SERVICES**

For more details, visit [CharterOak.org/content/EB](http://CharterOak.org/content/EB) or  
talk with one of our Member Service Representatives today!

\*Some restrictions may apply. <sup>†</sup>APY=Annual Percentage Yield.

### **MEMBERS BANK BETTER.**

Live, work or worship in New London or Windham Counties? Join us.

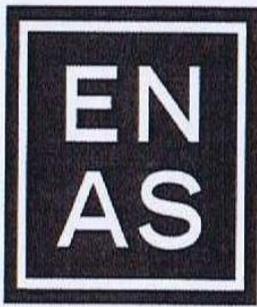


**CHARTER OAK**  
CREDIT UNION

CharterOak.org | 860.446.8085 | 800.962.3237

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# EMBRY NEUSNER ARSCOTT & SHAFNER<sup>LLC</sup>

## PERSONAL INJURY

- ASBESTOS
- AUTOMOBILE ACCIDENTS
- PRODUCT INJURY
- MALPRACTICE
- ADMIRALTY AND MARITIME INJURIES

## WORKERS' COMPENSATION

- LUNG DISEASES
- WORK RELATED CANCERS
- HEART ATTACKS
- VIBRATION DISEASES
- HEARING LOSS
- BACK INJURIES

SECURITY CLEARANCE ■ GENERAL LITIGATION

**EMBRYNEUSNER.COM**   

860.449.0341 ■ info@embryneusner.com ■ 118 Poquonnock Road ■ Groton, CT 06340

**FUTURE RETIREES!! MEET WITH US @ BOILERMAKERS  
Tuesday, Sept. 21 @ 1:30pm and 3:15 pm**

# What you need to know about TCE (trichlor) and cancer



Certain solvents used in the trades have been associated with a higher risk of cancer. If you have worked with or around TCE (trichlor, used for cleaning) and have been diagnosed with cancer, give us a call for further information.



# Local 261

The next union meeting is scheduled for Tuesday, September 14, 2021. Yes we are going to have a face to face meeting or at least try. We have to adhere to the social distancing guidelines which require face masks indoors. The meeting will be at the Machinist Lodge located at 18 Pleasant Street Groton CT. All members are invited and encouraged to attend with any concerns or questions. Note that second shift employees do not have to use their own time to attend, and a union business shop order will be provided for their supervisor.

Once again I would like to thank all that are adhering to our social gathering guidelines here in the shipyard. I think all would agree that the masks are a pain but it is pretty much the reason why we have a low rate of exposure in our workplace & throughout the community. This pandemic is not a farce, we don't even hear about the thousands of people young and old that has acquired permanent health effects from this disease.

There is talk about contracts with the Navy being delayed and work being moved to the right which causes concerns of reduction in the work force. First of all these are not definite rumors and I have been assured there will not be any lay-offs or furloughs by our Operations Directors. If necessary the Company would loan (or flex) individuals to other Departments that need help, they would search for off-site work such as Portsmouth NH or Norfolk VA. The Company does not want to run the risk of losing employees that have been trained and qualified to perform our work. Hopefully this is all talk. I would like to update our road job rotation list so we can properly assign the right people. We will post the list so that you can check for your availability. Any questions please see John Hinehold, Nicole, or call me.

**NNFS Assignments:** Please be aware that assignments at the sub base become available now. These appointments are made by seniority, occupational title and shift. Anyone interested must submit an IRM requesting this position. Any questions please contact your Steward.

**New Hires Please Note:** You are eligible to sign up for your medical benefits after being employed for thirty days. Please do not forget to add your dependents. If you do not enroll within thirty days after eligibility you will default to just your medical coverage and have to wait until regular enrolment in November which will not take effect until January.

The political role of this local is to support politicians, bills, and policies that help workers and their families. For the last forty years the Republican Party has endorsed legislation that has taken or reduced workers rights and privileges. They have used issues like The 2nd Amendment, abortions and immigration as a means to get your support in elections to allow them to move their corporate agendas. The 2nd Amendment is important to me also, I have my share of guns, but the right to earn a decent wage is my priority. They want you to believe that the immigration & welfare problems are ruining the economy. I can tell you that the money that goes through Wall Street in one day could pay for all this and more. The abortion issue is difficult but don't you think it is hypocritical to demand your 2nd amendment rights but tell women she has no right to choose. I know a large majority of you will not agree but I am asking you to just think about it. I would hope that you would take this information in consideration and focus on the real life priorities that impact you, your family and co-workers.

Please Work Safe

Respectfully and fraternally,  
Richard "Chick" McCombs

# Local 777



Our condolences go out to the family and friends of Henry Facas, who passed away recently. Henry was hired in 1963 and retired back in 2010 from the UT department. Best wishes and a long and happy retirement to our latest retiree: Mark Wydler, a pipefitter who originally started in 1990 (and to you old timers who remember, the originator and composer of the song "2816") Enjoy a well earned retirement.

Two important dates to remember: September 6, Labor day, another Union negotiated paid holiday, and September 11 (also known as 9/11) the 20 year anniversary of the horrific attack on our soil by terrorists). Both, should never ever be forgotten.

The Company is continually trying to hire people to fill all the jobs they have openings for, to complete their workload. We have to deliver 3 boats this year, as space alone is a commodity. They are ramping up the Colombia Program with the new dock and buildings moving forward. With the amount of new members we are experiencing, rumors run rampant. If you hear something you aren't sure of, go to a reliable person to confirm or deny your question. Preferably, one of the Union officials or stewards. Don't listen to, what I call, the "shipyard lawyers". Most of these people haven't been here much longer than you, but seem to be experts in contracts and/or work rules. If you aren't sure, ask someone. No one knows everything, but what we don't, we know where to go to get the correct answers.



## Electric Boat Family Wellness Center

The EB Family Wellness Center provides a wide range of services including primary care, same day sick visits, and physical therapy with many services available at no cost.

- **Who is eligible to use the EB Family Wellness Center?**

All eligible employees and dependents age 2+ enrolled in an EB medical plan

- **What will it cost?**

All preventive services, including vaccines and your annual physical, are provided at no cost. Free blood pressure checks and visits with a condition management nurse are also available. Office visits with a medical provider are \$45 a visit and physical therapy services are \$25 a visit. Services will be billed to insurance and applied to your deductible.

- **Where is it located?**

The EB Family Wellness Center is located on the second floor of 32 Chicago Ave, Groton, CT. The same building as the EB Family Pharmacy.



Monday – Thursday, 7 a.m. – 6 p.m.

Friday, 6 a.m. – 5 p.m.

Saturday, 8 a.m. – 1 p.m.



860-629-8272

[www.ebfamilywellnesscenter.com](http://www.ebfamilywellnesscenter.com)

Your privacy is our priority.

Premise Health operates the EB Family Wellness Center and maintains all confidential medical information in accordance with federal requirements for medical privacy. No one at EB will have access to this information.

ELECTRIC BOAT

**Family Wellness Center**

Operated by Premise Health

# Insurance Update

Electric Boat is going to do a lot of hiring between now and the end of next year. There are things that you need to know to get you through this process. New hires have 0 to 30 days to exercise their benefits. That includes medical, vision, dental, life insurance, etc.

It is also the time to put your spouse and children on the Medical Plan. If you do nothing and go past the 30 days only you will get health insurance no body else will. They will give you their default ( Standard) plan. The plan you want to pick is the (Enhanced) plan. That plan will give you seed money and matching money with a (HSA) Health Spending Account to help pay for your medical bills and your prescriptions. So if you are a new hire you need to call the GD Service Center (888)-432-3633 or go online. You can also choose all your other benefits there as well.

**EB Optical Shop**  
**ebopticalshop@gdeb.com 860-433-6934**  
**STREET SIDE DOOR**  
**open to employees, retirees, family members**  
**and contractors.**  
**Wed & Thurs -8 am.-3:30 pm.**  
**(closed 1-1:30 pm.)**  
**1st & 3rd Saturday of Each Month - Closed**  
**SHIPYARD SIDE**  
**open to badged employees and contractors.**  
**Tuesday - 7 am.-4:30 pm. (Closed 1-1:30 pm)**  
**Friday - 6 am-1:30 pm.**

## MTC Safety Report

**Painters - Boilermakers - Electricians - Laborers**  
**Machinists - OPEIU - Pipefitters - Teamsters**

**Our second shift MTC Safety Rep. Harry Weyant has retired. He devoted many years to the Metal Trades Council. Can't thank you enough Harry.**

**I wish Harry a long and fun filled retirement. It will be hard to fill his shoes but we must. Anyone that might be interested in becoming MTC Safety on the second shift, please contact your Union Rep.**

**Also we are now back to wearing masks again, please comply.**

**The rule is whether you have been vaccinated or not while in doors masks are required, if you can not maintain 6FT of social distance. This means in locker rooms, offices, and the cafeteria. Also remember a lot of hand washing.**

**There is washing stations throughout the shipyard, they're there for your convenience.**

**There has not only been an uptick in covid in CT, but here at EB as well. However, there is a very small amount here at EB and the we would very much like to keep it that way. This is why we need to go back to wearing masks indoors.**

**Remember**  
**Don't hesitate**  
**Vaccinate**



<b>Cat Race</b>	<b>Gary Fontaine</b>	<b>Mark Nall</b>	<b>Bill Zaks</b>	<b>Harry Weyant</b>	<b>Safety Office</b>	<b>Metal Trades</b>
<b>1st Shift</b>	<b>1st Shift</b>	<b>1st Shift</b>	<b>2nd Shift</b>	<b>2nd Shift</b>	<b>860-433-2811</b>	<b>445-6383/1277</b>
<b>860-405-4784</b>	<b>860-326-4832</b>	<b>860-326-4729</b>	<b>860-326-4353</b>	<b>860-326-4341</b>		